

CYSTOSCOPY USING FLEXIBLE CYSTOSCOPE (MALE)

Date of Procedure: _____ Time: _____ (am) (pm)

DESCRIPTION OF CYSTOSCOPY

Cystoscopy is a procedure that is used to visually inspect the bladder and the urethra (tube leading out of the bladder.) This can be done in most instances without discomfort with the use of a local anesthetic jelly (not an injection.)

You will lie flat on a table and the penis will be cleaned (or prepped, as we say.) A local anesthetic will be placed in the urinary channel and left for a short time. The cystoscope (a thin lighted tube through which a physician can examine the bladder and urethra) is passed into the bladder and the inspection is carried out. The entire exam takes less than 5 minutes.

Afterward, you might expect a little discomfort with voiding and perhaps a spot of blood for a day or so. A warm bath helps to relieve this irritation and will wash off the liquid we have used to prep the area. You may possibly receive some antibiotics for a few days afterwards. Ask if you have any questions.

POSSIBLE RISKS OF CYSTOSCOPY

After this type of procedure a small risk of infection exists. If new symptoms of burning, frequency or bleeding occur afterwards, please let us know.

PREPARATION FOR CYSTOSCOPY

No restrictions of diet, fluids or medications exist for this examination.

FOLLOW-UP INSTRUCTIONS

Follow-up will be discussed immediately after the procedure and treatment will be scheduled for any findings if necessary.